

Scottish Borders Health and Social Care Partnership Integration Joint Board

Wednesday 19 July 2023



Scottish Borders
Health and Social Care
PARTNERSHIP

QUARTERLY PERFORMANCE REPORT, JULY 2023

Report by Chris Myers, Chief Officer, Scottish Borders Health and Social Care Partnership and Integration Joint Board

1. PURPOSE AND SUMMARY

- 1.1. To provide a high level summary of quarterly performance for Integration Joint Board (IJB) members, using latest available data.
- 1.2. The report focuses on demonstrating progress towards the Health and Social Care Partnership's Strategic Objectives.

2. RECOMMENDATIONS

- 2.1. The Scottish Borders Health and Social Care Integration Joint Board (IJB) is asked to:-
 - a) Note and approve any changes made to performance reporting and the key challenges highlighted
 - b) Direct actions to address the challenges and to mitigate risk

3. INTEGRATION JOINT BOARD DIRECTION

- 3.1 A Direction is not required.

The remaining sections of the cover paper have been removed, as not applicable to the Quarterly Performance Report.

Approved by:

Chris Myers, Chief Officer, Scottish Borders Health and Social Care Partnership and Integration Joint Board

Author(s)

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For more information on this report, contact Hayley Jacks via MS Teams.



Scottish Borders
Health and Social Care
PARTNERSHIP

Quarterly Performance Report for the
Scottish Borders Integration Joint Board June 2023

SUMMARY OF PERFORMANCE:
Latest available Data at end March 2023

Structured Around the 3 Objectives in the Strategic Plan:

Objective 1: We will improve health of the population and reduce the number of hospital admissions

Objective 2: We will improve patient flow within and outwith hospital

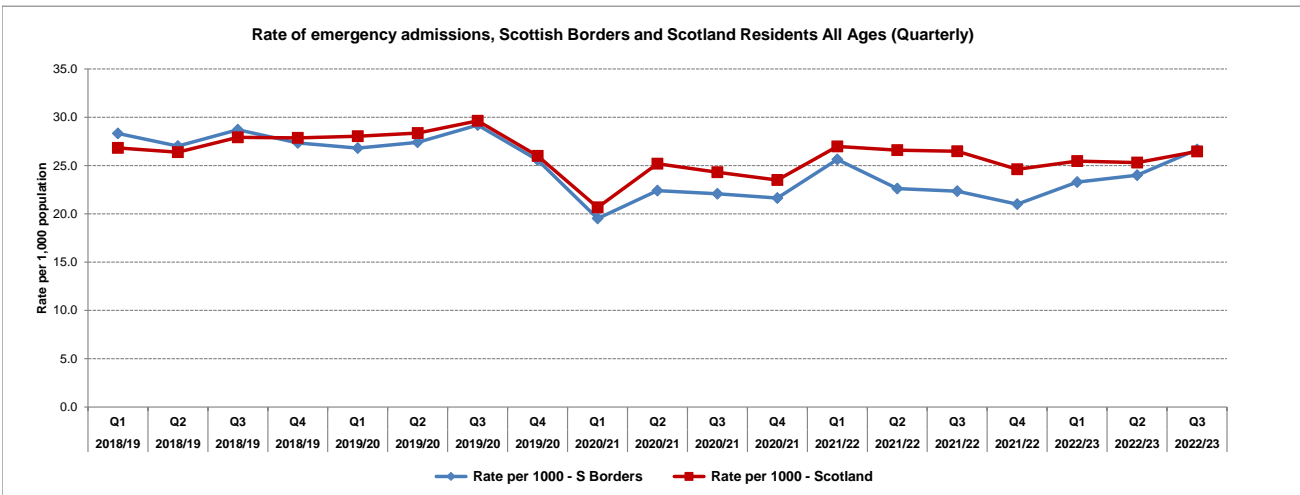
Objective 3: We will improve the capacity within the community for people who have been in receipt of health and social care services to manage their own conditions and support those who care for them

Objective 1: We will improve health of the population and reduce the number of hospital admissions

Emergency Admissions, Scottish Borders residents All Ages

Source: MSG Integration Performance Indicators workbook (SMR01 data)

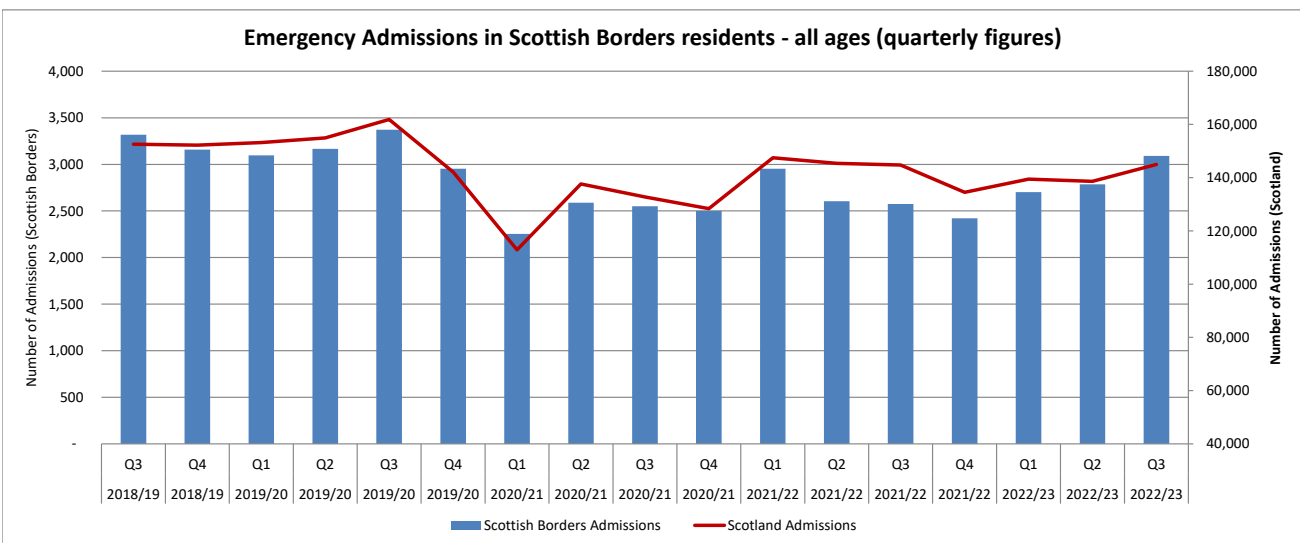
	Q3 2019/20	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23
Scottish Borders - Rate of Emergency Admissions per 1,000 population All Ages	29.3	25.6	19.6	22.4	22.1	21.6	25.6	22.6	22.3	21.0	23.3	24.0	26.6
Scotland - Rate of Emergency Admissions per 1,000 population All Ages	29.8	26.1	20.6	24.6	24.3	23.5	27.0	26.6	26.5	24.6	25.5	25.3	26.5



Number of Emergency Admissions in Scottish Borders residents - all ages (quarterly figures)

Source: MSG Integration Performance Indicators workbook (SMR01 data)

	Q3 2019/20	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23
Number Scottish Borders Emergency Admissions - All Ages	3,372	2,953	2,254	2,586	2,547	2,500	2,954	2,605	2,574	2,421	2,702	2,785	3,091
Number Scotland Emergency Admissions - All Ages	161,865	142,079	112,034	133,783	132,773	128,364	147,480	145,393	144,776	134,532	139,490	138,640	144,957



Please Note: where two areas are concerned it is not possible to show values as a control chart.

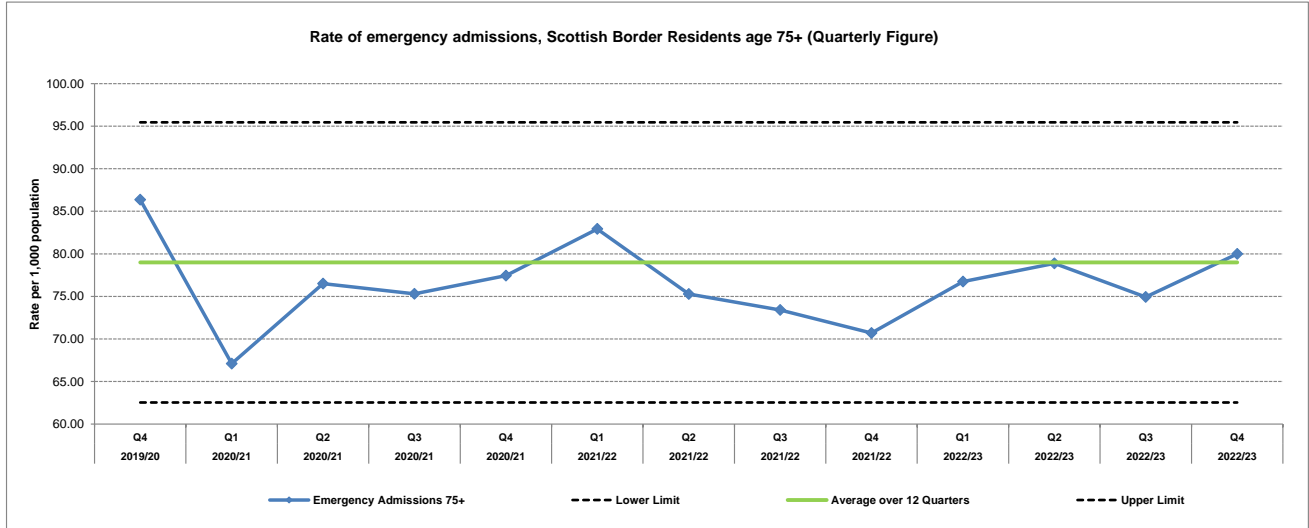
How are we performing?

The rate of emergency admissions continues to see minor fluctuations between quarters. Emergency Admission rates significantly reduced in both Q4 19/20 and Q1 20/21. This is reflective of the impact of the Covid-19 pandemic and the National measures introduced to reduce the spread of the virus. This rose again in Q2, following a similar trend to that of the rest of Scotland. There has been a dip subsequently in Q3 and Q4 2020/21 during the pandemic but emergency admissions have rose again in April - June 2021. A reduction was seen from that point each quarter, both locally and nationally until Q1 2022/23. During the financial year 2022/23 rates have risen in Borders to meet the national level.

Emergency Admissions, Scottish Borders residents age 75+

Source: NSS Discovery

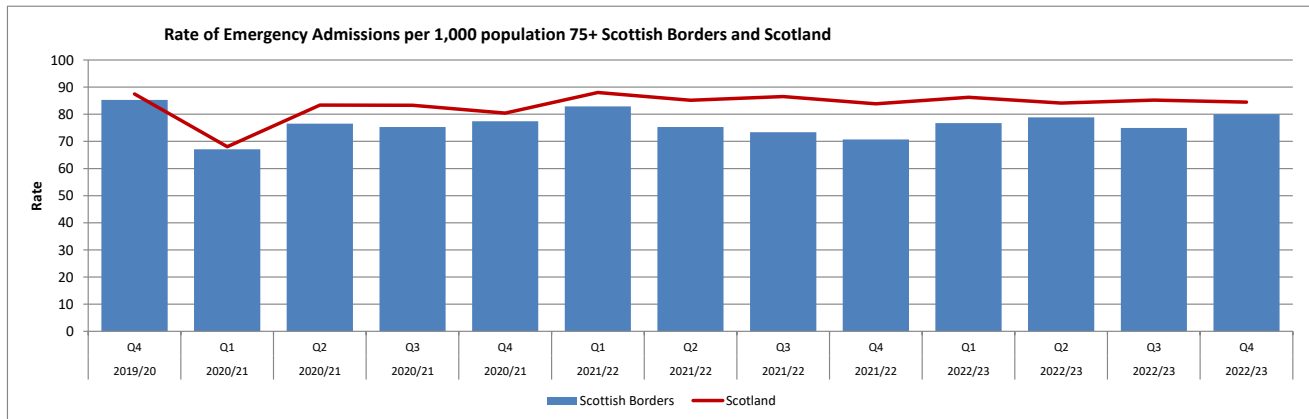
	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23	Q4 2022/23
Number of Emergency Admissions, 75+	1,057	846	965	947	977	1,046	970	946	907	1,016	1044	992	1059
Rate of Emergency Admissions per 1,000 population 75+	86.4	67.1	76.5	75.3	77.5	82.9	75.3	73.4	70.7	76.8	78.9	74.9	80.0



Emergency Admissions comparison, Scottish Borders and Scotland residents age 75+

Source: NSS Discovery

	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23	Q4 2022/23
Rate of Emergency Admissions Scottish Borders	85.3	67.1	76.5	75.3	77.5	82.9	75.3	73.4	70.7	76.8	78.9	74.9	80.0
Rate of Emergency Admissions 75+ Scotland	87.5	68.0	83.4	83.3	80.5	88.0	85.2	86.5	83.9	86.3	84.1	85.2	84.5



Please Note: where two areas are concerned it is not possible to show values as a control chart.

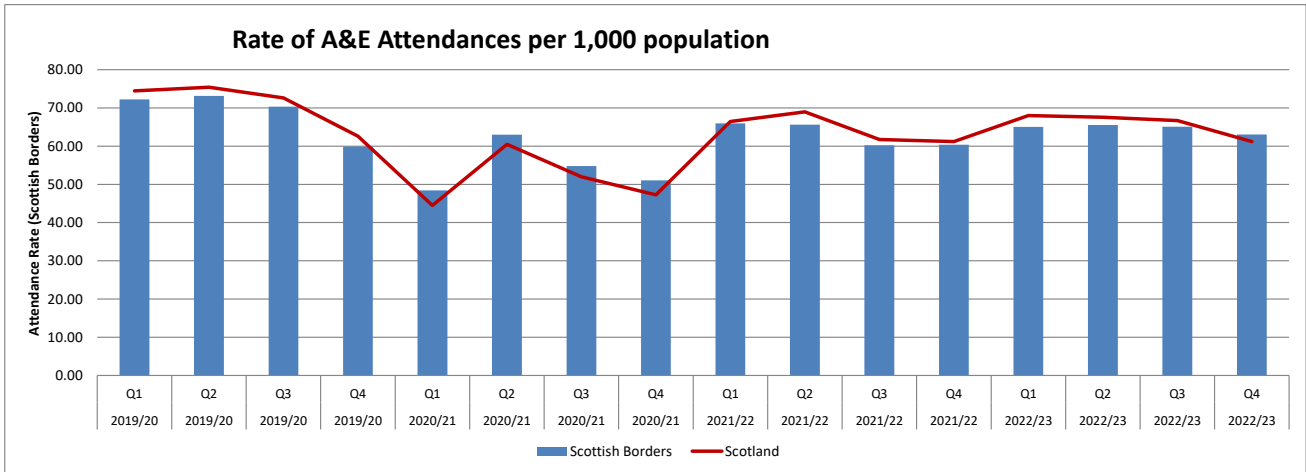
How are we performing?

The rate of 75+ emergency admissions was showing a negative trend over the last 3 years until Q4 2019/20. The graph shows Emergency Admission rates, for the 75+ age group, have dramatically decreased in Q4 2019/20 and Q1 2020/21. This change comes following the highest reported rate of admissions for this age group in the last 3 years - pushing the Borders rate ahead of the Scottish average. Again the onset of the Covid-19 pandemic during Q4 2019/20, and its ongoing effects, would explain the sudden decrease in Emergency Admissions over the Q4 19/20 and Q1 20/21. Q2 20/21 to Q1 21/22 saw this rate increase slightly, although the next 3 quarters reduced. The Borders' rates have remained below the average over 12 quarters, of the 13 reported and the gap has generally widened from Q2 2021/22 to Q3 2022/23, but reduced to a gap of 4.5, per 1,000 population in Q4 2022/23.

Rate of A&E Attendances per 1,000 population

Source: MSG Integration Performance Indicators workbook (data from NHS Borders Trakcare system)

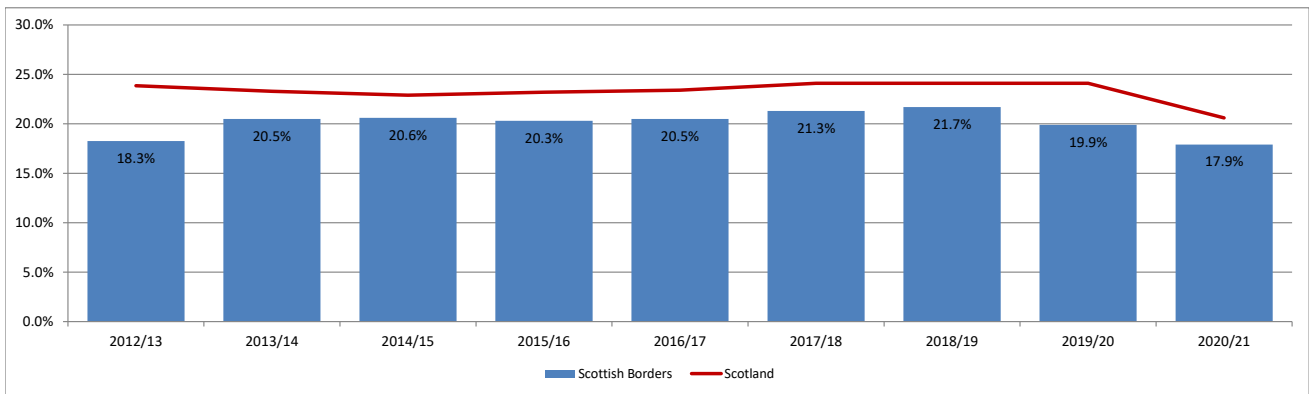
	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23	Q4 2022/23
Rate of Attendances, Scottish Borders	60.0	48.5	63.0	54.7	51.0	65.9	65.6	60.2	60.4	65.5	65.7	65.1	63.0
Rate of Attendances, Scotland	62.9	44.6	60.5	52.3	47.3	66.4	69.0	61.7	61.2	68.2	68.3	66.7	61.2



Please Note: where two areas are concerned it is not possible to show values as a control chart.

Percentage of health and care resource spent on hospital stays where the patient was admitted in an emergency: persons aged 18+

Source: Core Suite Indicator workbooks



Please Note: where two areas are concerned it is not possible to show values as a control chart.

How are we performing?

The onset of the Covid-19 pandemic (Q4 19/20 onwards) saw the rate of A&E attendances drastically reduce, with Q1 20/21 showing the lowest rate over the last 3 years. However, Q2 20/21 (Jul-Sept 20) saw this rise to almost 'normal' levels at 62.4 admissions per 1,000 of the population. During 2022/23 rates had increased but were still under national levels, this position altered in Q4 2022/23 where Borders had a higher rate for the first time since Q4 2020/21.

The percentage of health and social care resource spent on unscheduled hospital stays has seen an overall slight decrease over the past 3 years.

Both these indicators are impacted by the effects of the Covid-19 pandemic.

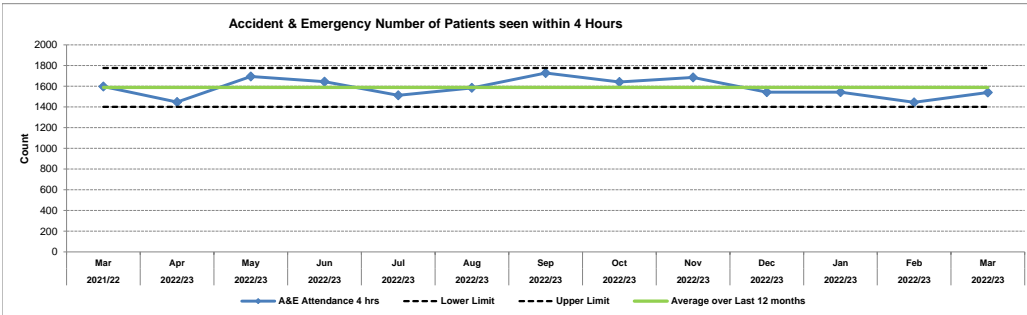
NB: December 2019, the denominator for this indicator now includes dental and ophthalmic costs. As a result, the % of spend has slightly decreased. The Table and Chart above have been updated to reflect the altered % as a result of this change.

Objective 2: We will improve patient flow within and out with hospital

Accident and Emergency attendances seen within 4 hours- Scottish Borders

Source: NHS Borders Trakcare system

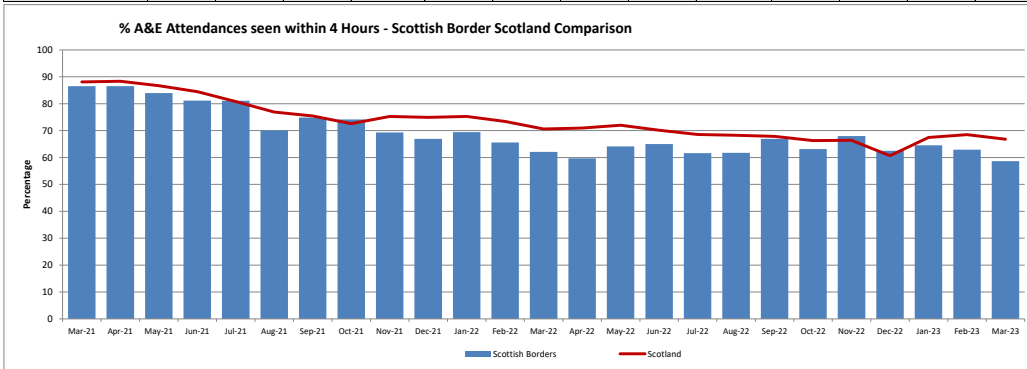
	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23
Number of A&E Attendances seen within 4 hours	1598	1447	1695	1644	1512	1584	1728	1642	1685	1543	1543	1445	1540



% A&E Attendances seen within 4 Hours - Scottish Borders and Scotland Comparison

Source: MSG Integration Performance Indicators workbook (A&E2 data) / ISD Scotland ED Activity and Waiting Times publication

	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23
% A&E Attendances seen within 4 hour Scottish Borders	62.1	59.7	64.2	65.0	61.6	61.7	66.9	63.1	68.0	62.5	64.6	62.9	58.6
% A&E Attendances seen within 4 hour Scotland	70.6	71.0	72.0	70.1	68.6	68.3	67.9	66.3	66.4	60.7	67.5	68.5	66.8



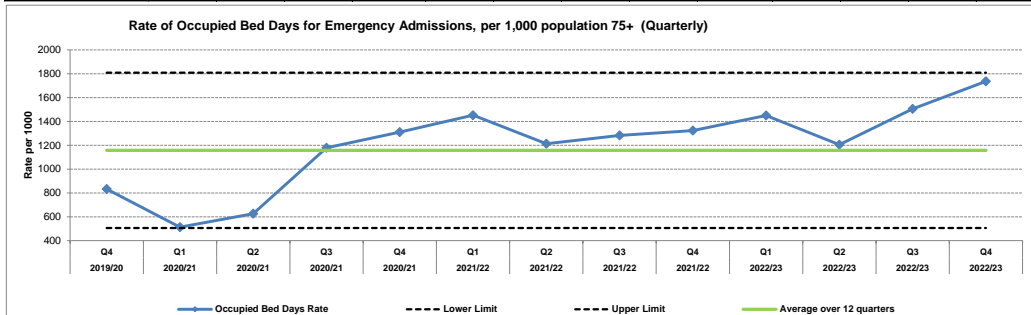
How are we performing?

Historically, NHS Borders consistently performed better than the Scottish comparator for A&E waiting times. Borders had fallen below the Scottish Average in all months reported since June 2020. The gap widened significantly since the onset of the Corona Virus pandemic in March 2020. The Scottish average is declining and the Borders position has mirrored this over the calendar year 2022. Borders performance improved during January 2023 to 65% but dipped in the subsequent 2 months whilst the national average improved in February and reduced in March 2023.

Occupied Bed Days for emergency admissions, Scottish Borders Residents age 75+

Source: NSS Discovery

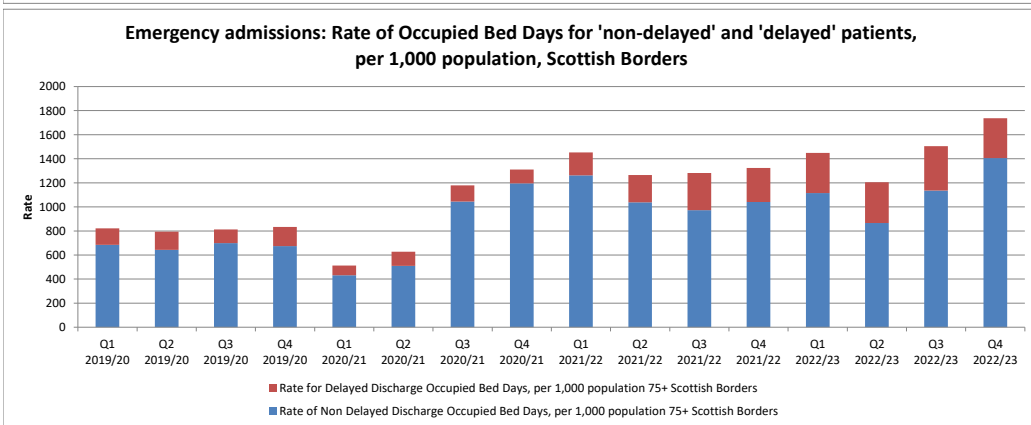
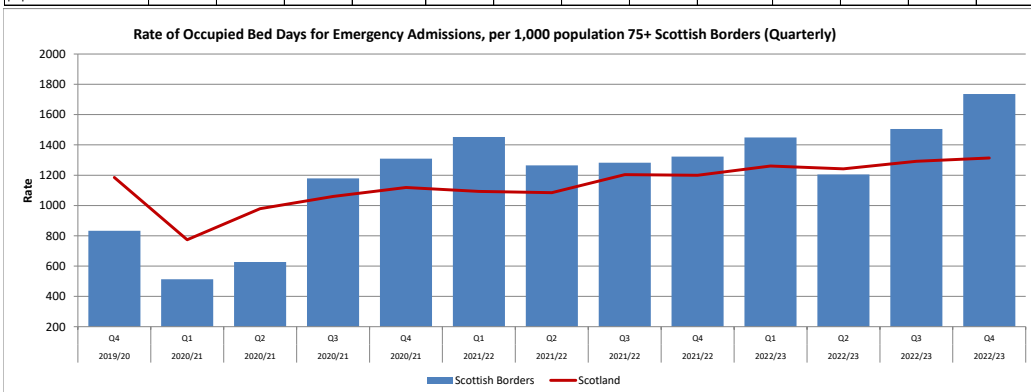
	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23	Q4 2022/23
Number of Occupied Bed Days for emergency Admissions, 75+	10505	6471	7903	14861	16521	18378	15625	16465	16829	19182	15942	19922	22982
Rate of Occupied Bed Days for Emergency Admissions, per 1,000 population 75+	833	513	627	1179	1310	1452	1212	1282	1323	1449	1204	1505	1736



Occupied Bed Days for emergency admissions, Scottish Borders and Scotland Residents age 75+

Source: NSS Discovery

	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23	Q4 2022/23
Rate of Occupied Bed Days for Emergency Admissions, per 1,000 population 75+ Scottish Borders	833	513	627	1179	1310	1452	1212	1282	1323	1449	1204	1505	1736
Rate of Occupied Bed Days for Emergency Admissions, per 1,000 population 75+ Scotland	1185	774	979	1060	1119	1093	1085	1203	1200	1261	1242	1292	1314



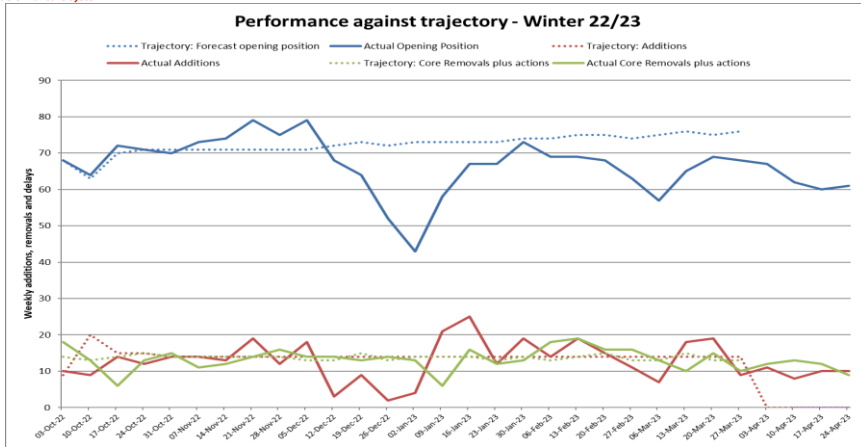
How are we performing?

NB: Data for Community Hospitals is included in both Bed Days measures from Q3 2020/21 onwards.

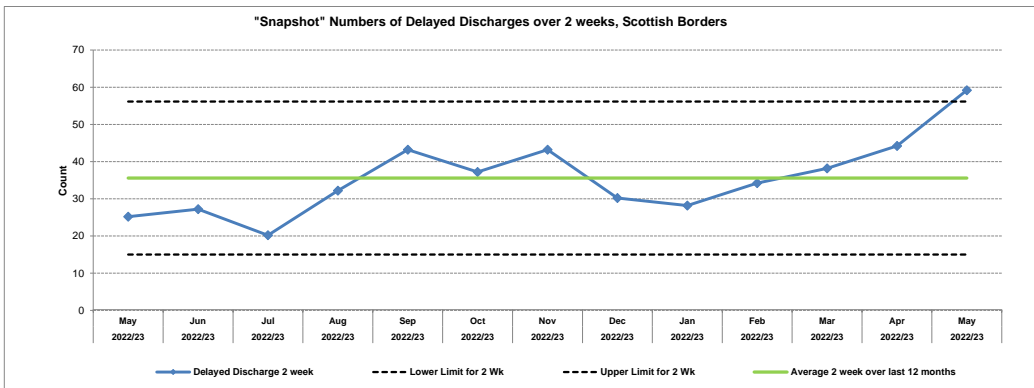
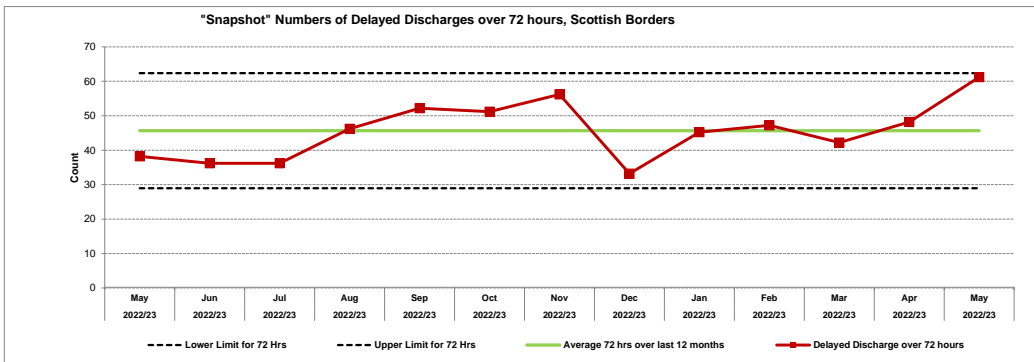
The quarterly occupied bed day rates for emergency admissions in Scottish Borders residents aged 75+ has fluctuated over time and had been lower than the Scottish Average until Q3 20/21 when Community Hospitals data are included. There was a reduction between Q1 2021/22 and Q2 2021/22 but rates have generally increased again from that point (Q2 2022/23 being the exception).

Delayed Discharges (DDs)

Source: NHS Borders Trakcare system



	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23
Number of DDs over 2 weeks	25	27	20	32	43	37	43	30	28	34	38	44	59
Number of DDs over 72 hours	38	36	36	46	52	51	56	33	45	47	42	48	61



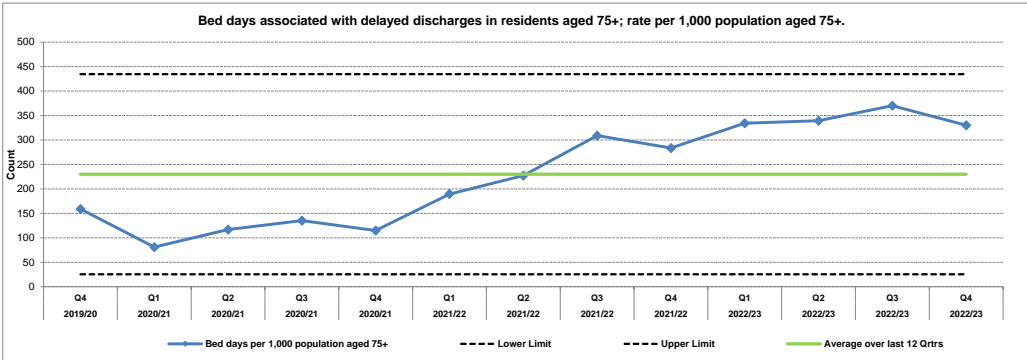
Please note the Delayed Discharge over 72 hours measurement has been implemented from April 2016.

The DD over 2 weeks measurement has several years of data and has been plotted on a statistical run chart (with upper, lower limits and an average) to provide additional statistical information to complement the more recent 72 hour measurement.

Bed days associated with delayed discharges in residents aged 75+; rate per 1,000 population aged 75+

Source: Core Suite Indicator workbooks

	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23	Q4 2022/23
Bed days per 1,000 population aged 75+	158.6	80.9	116.8	135.0	114.7	189.3	227.0	308.8	283.5	334.0	339.3	369.9	330.0

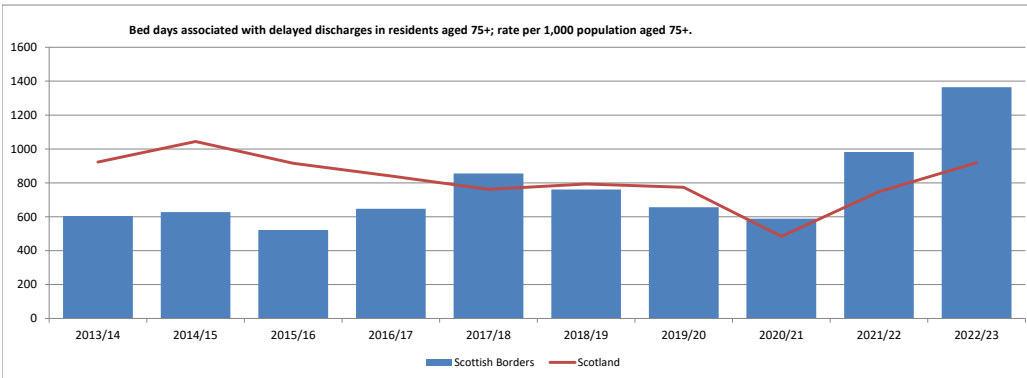


How are we performing?
 Although, at the onset of the Corona Virus pandemic there was a reduction in the number of delayed discharges, this was short-lived and these have again been on an increasing trend since May 20. December 2020 demonstrated a drop in delayed discharges; this is in-line with the previous year although the 2020 figure is higher than in 2019. In 2021 the rate of delayed discharges started to increase from February 2021 onwards. October 2021 was the first month to show a reduction in over 72 hour waits. Rates have been fluctuating from that point.
 The rate of bed days associated with delayed discharges (75+) from Q4 2019/20 to Q4 2020/21 show fluctuations within control limits, there has been an increase since Q1 21/22 in the bed day rate. NHS Borders is facing significant challenges with Delayed Discharges, which continues to impact on patient flow within the Borders General Hospital and our four Community Hospitals. There was a drop in the delayed days rate in Q4 2022/23 as in Q4 2021/22 but the rate in Q4 2022/23 was higher than the previous year.

Scotland / Scottish Borders comparison of bed days associated with delayed discharges in residents aged 75+

Source: Core Suite Indicator workbooks

	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22	2022/23
Scottish Borders	647	855	761	656	588	982	1364
Scotland	841	762	793	774	484	748	919



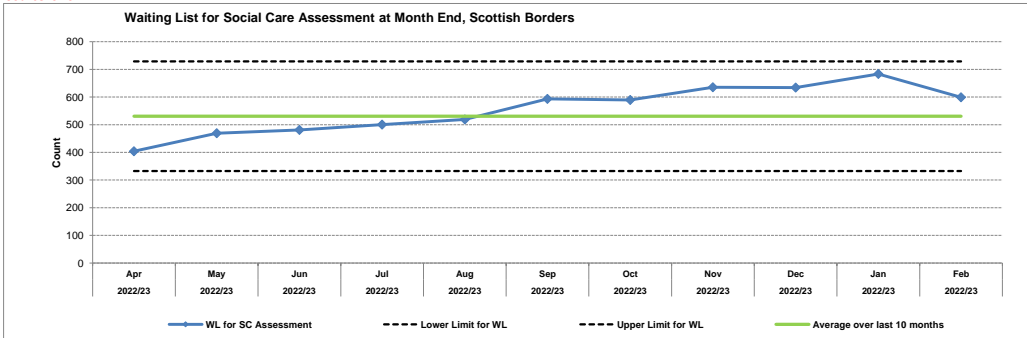
Please Note: where two areas are concerned it is not possible to show values as a control chart.

How are we performing?
 Up to 2016/17, rates for the Scottish Borders were lower (better) than the Scottish average. However, in 2017/18 the Borders' rate was higher than Scotland's. This reduced in 2018/19 - when the Scottish average increased - and further reduced in 2019/20 and 2020/21. 2021/22 and 2022/23 have seen a marked increase however.

*Please note definitional changes were made to the recording of delayed discharge information from 1 July 2016 onwards. Delays for healthcare reasons and those in non hospital locations (e.g. care homes) are no longer recorded as delayed discharges. In this indicator, no adjustment has been made to account for the definitional changes during the year 2016/17. The changes affected reporting of figures in some areas more than others therefore comparisons before and after July 2016 may not be possible at partnership level. It is estimated that, at Scotland level, the definitional changes account for a reduction of around 4% of bed days across previous months up to June 2016, and a decrease of approximately 1% in the 2016/17 bed day rate for people aged 75+.

Social Care Assessment Waiting List

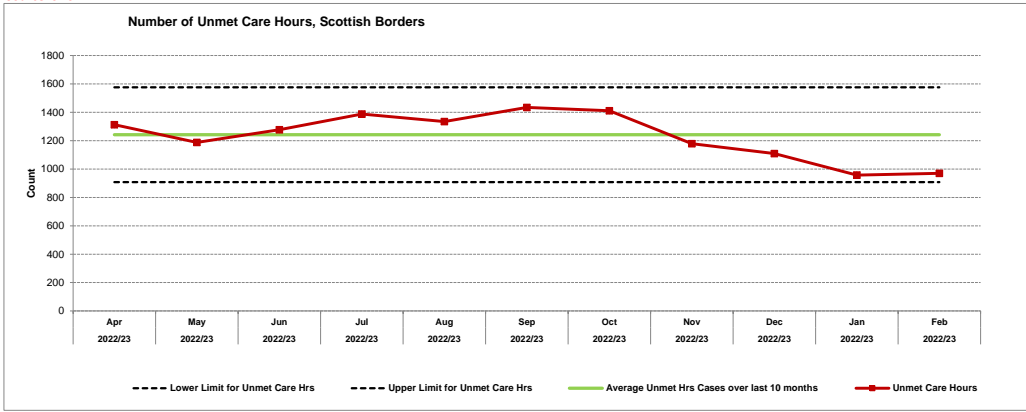
Source: SBC



How are we performing?
 Information is provided for the end of month position for the last 11 months to February 2023. This shows that patients waiting for Social Care Assessments have increased month on month from April 2022 to January 2023 but that a reduction was evident in February 2023 to 599 clients on the Waiting List.

Care Hours Yet to be Provided for Those Assessed as Requiring Them

Source: SBC



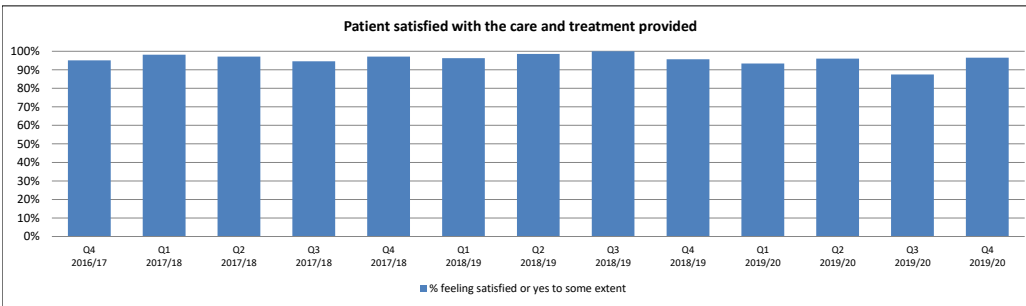
How are we performing?
 Information is provided for the end of month position for the last 11 months to February 2023. This shows that unmet care hours peaked in Sep/Oct 2022 and has reduced since then until a slight rise in February 2023.

BGH and Community Hospital Patient/Carer/Relative '2 Minutes of Your Time' Survey

Source: NHS Borders Please Note: data is not available at the current time for these measures as collection is paused.

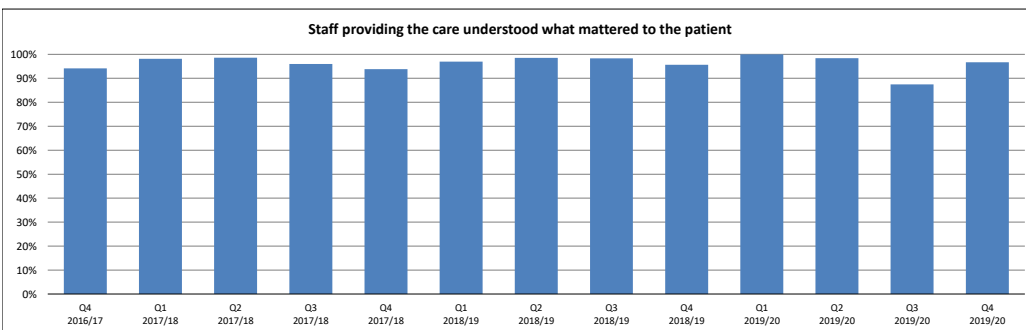
Q1 Was the patient satisfied with the care and treatment provided?

	Q4 2016/17	Q1 2017/18	Q2 2017/18	Q3 2017/18	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	Q1 2019/20	Q2 2019/20	Q3 2019/20	Q4 2019/20
Patients feeling satisfied or yes to some extent	116	105	206	141	135	156	135	117	108	99	121	63	56
% feeling satisfied or yes to some extent	95.1%	98.1%	97.2%	94.6%	97.1%	96.3%	98.5%	100.0%	95.7%	93.4%	96.0%	87.5%	96.6%



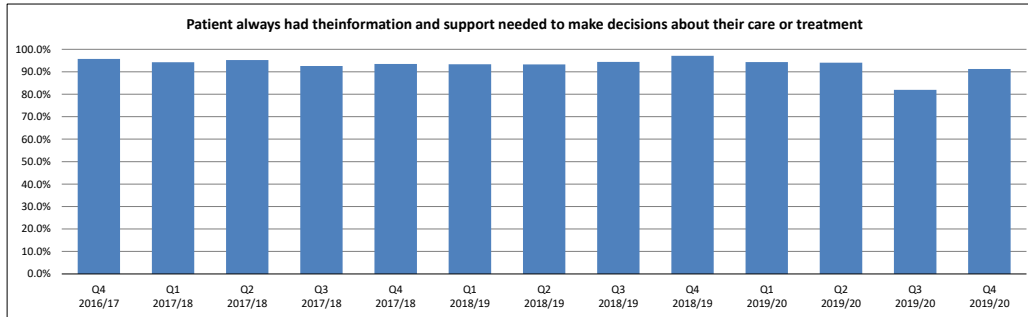
Q2 Did the staff providing the care understand what mattered to the patient?

	Q4 2016/17	Q1 2017/18	Q2 2017/18	Q3 2017/18	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	Q1 2019/20	Q2 2019/20	Q3 2019/20	Q4 2019/20
Staff providing the care understood what mattered to the patient, or yes to some extent	113	105	213	144	135	158	136	119	110	106	125	63	59
% understood what mattered or yes to some extent	94.2%	98.1%	98.6%	96.0%	93.8%	96.9%	98.6%	98.3%	95.7%	100.0%	98.4%	87.5%	96.7%



Q3 Did the patient always have the information and support needed to make decisions about their care or treatment?

	Q4 2016/17	Q1 2017/18	Q2 2017/18	Q3 2017/18	Q4 2017/18	Q1 2018/19	Q2 2018/19	Q3 2018/19	Q4 2018/19	Q1 2019/20	Q2 2019/20	Q3 2019/20	Q4 2019/20
Patients always had the information and support needed to make decisions about their care or treatment, or yes to some extent	111	99	200	137	129	141	125	101	102	100	110	59	52
% always had information or support, or yes to some extent	95.7%	94.3%	95.2%	92.6%	93.5%	93.4%	93.3%	94.4%	97.1%	94.3%	94.0%	81.9%	91.2%



How are we performing?

The 2 Minutes of Your Time Survey is carried out across the Borders General Hospital and Community Hospitals and comprises of 3 quick questions asked of patients, relatives or carers by volunteers. There are also boxes posted in wards for responses. The results given here are the responses where the answer given was in the affirmative or 'yes to some extent'. Percentages given are of the total number of responses.

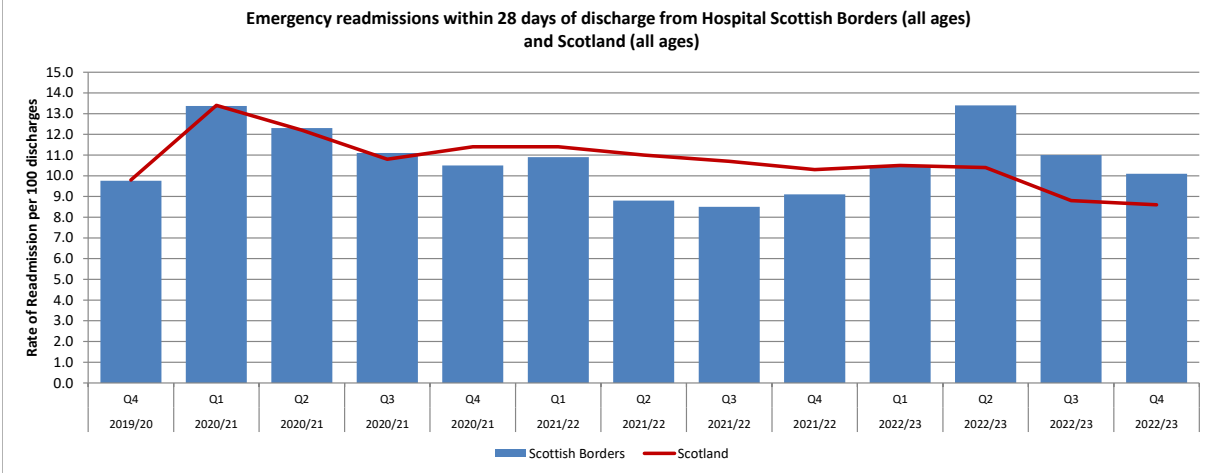
Overall, Borders scores well with an average 95.5% satisfaction rate. Patient satisfaction shows a positive trend over time and the latest overall average achieves the 95% target. *Please note the Patient Survey has been suspended from the start of the corona virus pandemic. This is due to the survey using volunteers for follow-up which is unable to happen as a result of restrictions.*

Objective 3: We will improve the capacity within the community for people who have been in receipt of health and social care services to manage their own conditions and support those who care for them

Emergency readmissions within 28 days of discharge from hospital, Scottish Borders residents (all ages)

Source: NSS Discovery data

	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23	Q4 2022/23
Scottish Borders	9.8	13.4	12.3	11.1	10.5	10.9	8.8	8.5	9.1	10.5	13.4	11.0	10.1
Scotland	9.8	13.4	12.2	10.8	11.4	11.4	11.0	10.7	10.3	10.5	10.4	8.8	8.6



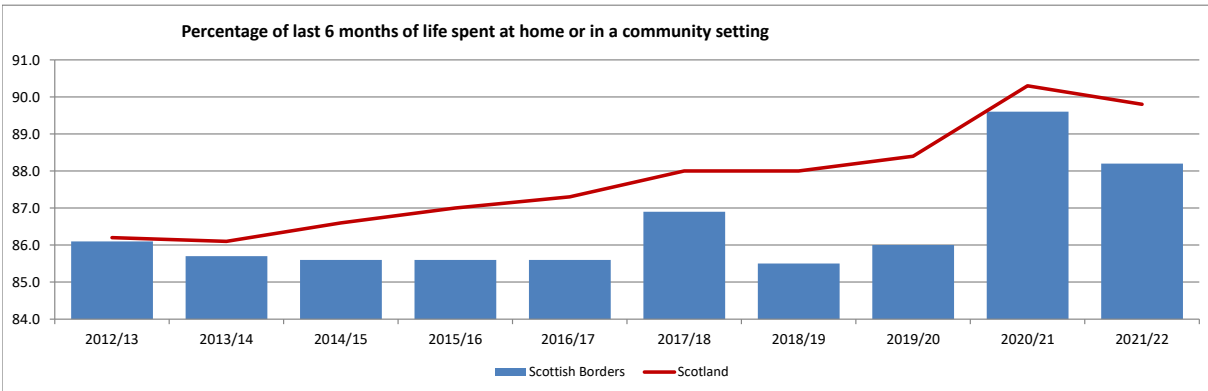
How are we performing?

The rate of emergency readmissions within 28 days of discharge shows an improving position over the last 3 quarters of 2021/22. The Borders rate which had been generally higher than the Scottish average reduced to below the national position for the 5 quarters to March 2022. Q1 and Q2 of 2022/23 showed an increase in rates however these have reduced again during the latter 6 months of the year. Rates are higher than the Scottish average though.

Percentage of last 6 months of life spent at home or in a community setting

Source: Core Suite Indicator workbooks

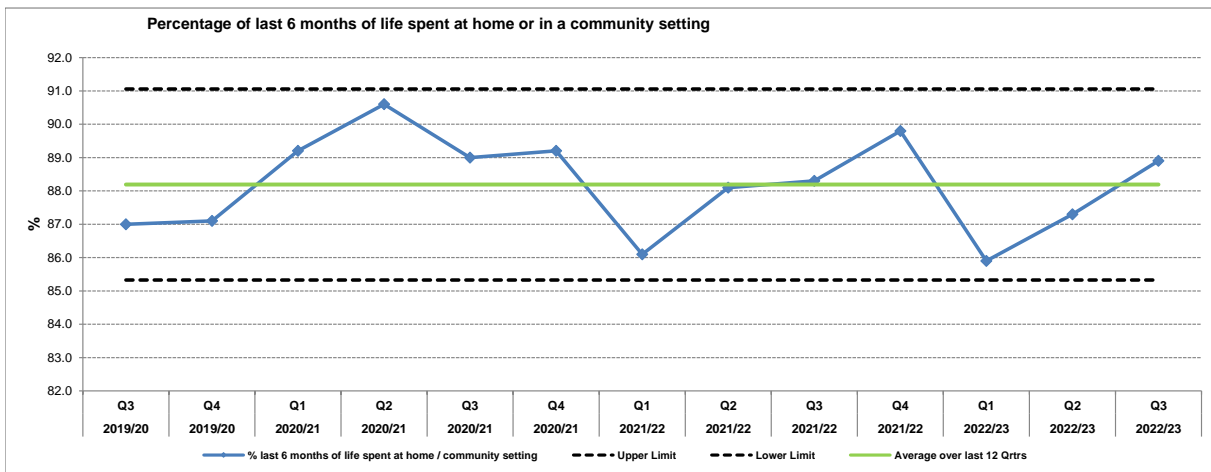
	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2018/19	2019/20	2020/21	2021/22
Scottish Borders	86.1	85.7	85.6	85.6	85.6	86.9	85.5	86.0	89.5	88.2
Scotland	86.2	86.1	86.6	87.0	87.3	88.0	88.0	88.3	90.2	89.8



Percentage of last 6 months of life spent at home or in a community setting

Source: Core Suite Indicator workbooks

	Q3 2019/20	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23
% last 6 months of life spent at home or in a community setting Scottish Borders	87.0	87.1	89.2	90.6	89.0	89.2	86.1	88.1	88.3	89.8	85.9	87.3	88.9



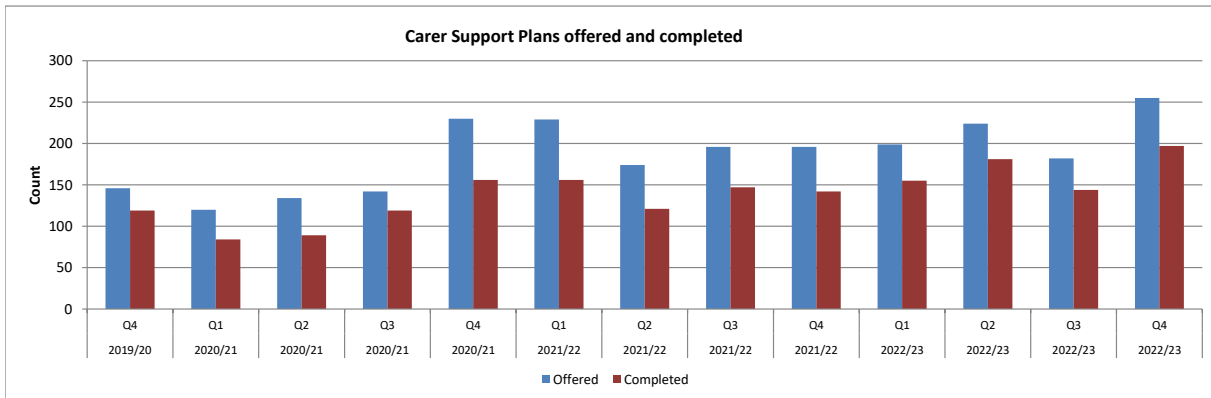
How are we performing?

The percentage of last 6 months of life spent at home or in a community setting remains below the Scottish average. Following a drop in 2018/19, 2019/20 saw performance improve for this measure. The first two quarters of 20/21 demonstrated continued improvement against this indicator. Q2 20/21 demonstrated the highest percentage (90.6%) in the last 3 years for people spending the last 6 months at home or in a Community setting. After this point there was a decrease in performance, reducing to 86% in Q1 21/22. There was an improvement in the Q2 - Q4 period. This pattern was also seen during the first 3 quarters of 2022/23 with a dip in Q1 and improvement following in Q2 and Q3.

Carers offered and completed Carer Support Plans

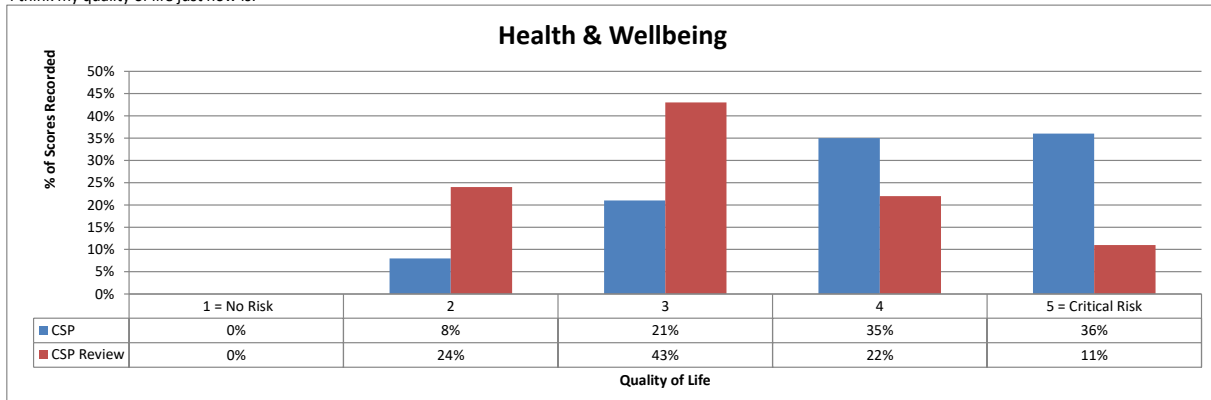
Source: Borders Carers Centre

	Q4 2019/20	Q1 2020/21	Q2 2020/21	Q3 2020/21	Q4 2020/21	Q1 2021/22	Q2 2021/22	Q3 2021/22	Q4 2021/22	Q1 2022/23	Q2 2022/23	Q3 2022/23	Q4 2022/23
Carer Support Plans Offered	146	120	134	142	230	229	174	196	196	199	224	182	255
Carer Support Plans Completed	119	84	89	119	156	156	121	147	142	155	181	144	197



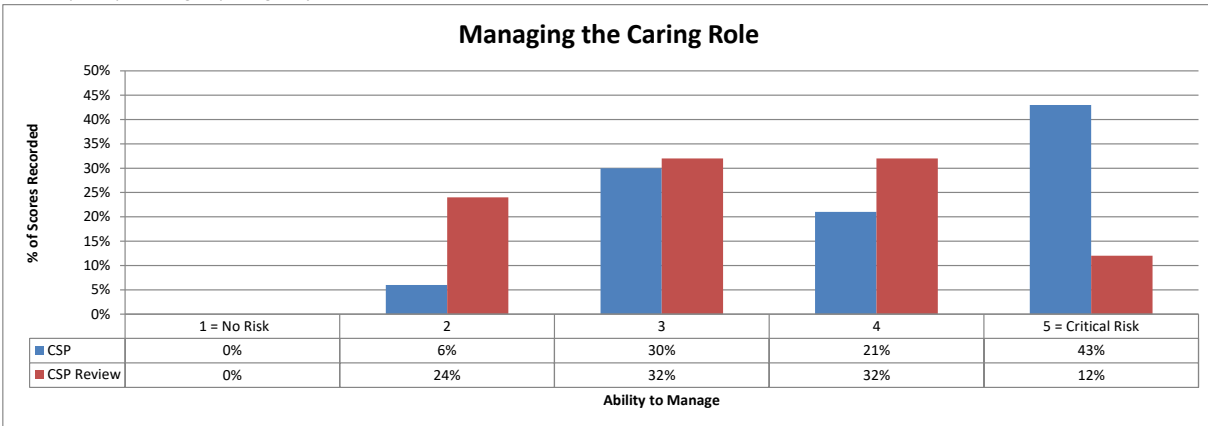
Health and Wellbeing (Q4 2022/23)

I think my quality of life just now is:



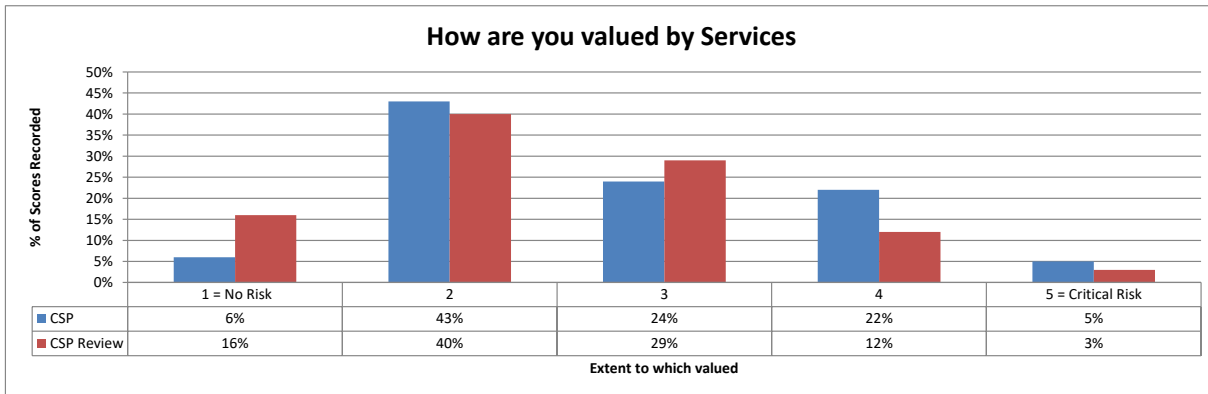
Managing the Caring role (Q4 2022/23)

I think my ability to manage my caring role just now is:



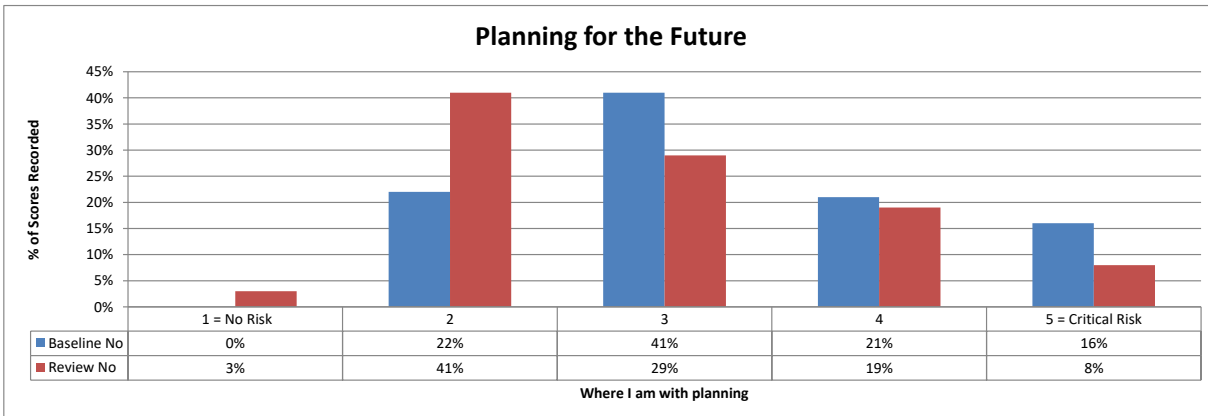
How are you valued by Services (Q4 2022/23)

I think the extent to which I am valued by services just now is:



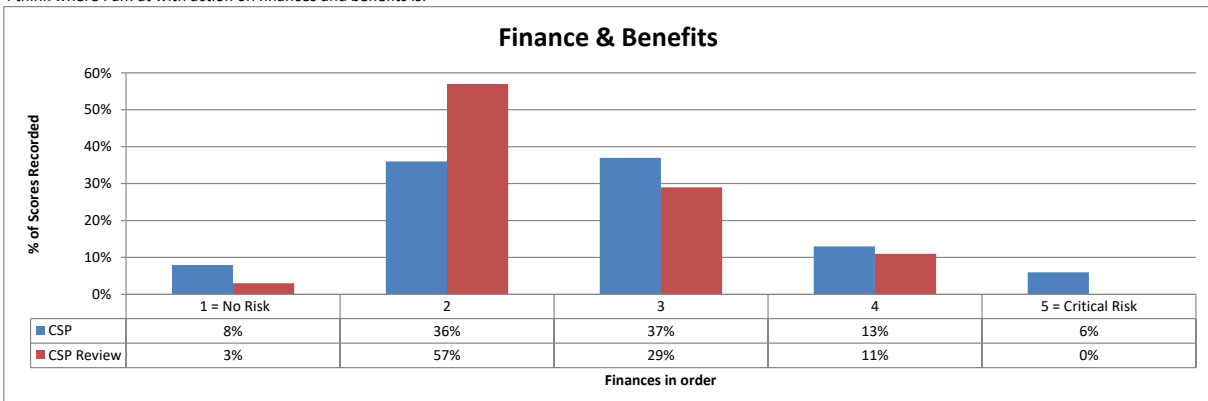
Planning for the Future (Q4 2022/23)

I think where I am at with planning for the future is:



Finance & Benefits (Q4 2022/23)

I think where I am at with action on finances and benefits is:



How are we performing?

There has been a continued increase in the number of completed CSPs over the past 5 quarters.

It can be implied from the movement between categories that we are managing to lift Carers out of the 'Critical Risk' category to 'Significant Risk' and from 'Significant Risk' to 'Moderate Risk' category.